

SEPTEMBER | 2022



Sturgeon Bay School District Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Sub Sandwich Salami (pork) & Colby Cheese Raw Carrots Chips Orange or Orange Pineapple Juice Slushy Cup (KD-Gr 12) Milk	2 Hamburger (Elementary) Cheeseburger (Grades 6-12) Pickle Slices Hot Potato Pears Milk
5 No School Labor Day	6 Hot Dog on a Bun (Hebrew National, beef) Steamed Corn Ice Cream Cup Raw Carrots Peaches Milk	7 Pasta Meat Sauce Marinara (beef) Pesto and Cheese Green Salad Bread Pears Milk	8 Pizza Munchable Naan Bread Marinara Sauce and Black Olives Mozzarella Cheese Pepperoni (pork) Orange/Orange Slices Milk	9 Chicken Patty on a Bun Option of slice of cheese, mayo, ketchup, lettuce leaves, tomato and pickle slices Hot Potato Paula Red or Zestar Apple from Keller's Farm Market Milk
12 Pizza Rounds Crackers (KD-Gr 12) Raw Veggies Peaches Milk	13 Nachos Tortilla Chips, Shred Cheese Taco Meat (beef), Refried Beans Black Olives, Sour Cream, Salsa Cheese Sauce (Gr 3+) MS/HS: Jalapenos, Smashed Avocado Pears, Milk	14 Diced Chicken and Gravy Mashed Potatoes Steamed Peas Dinner Roll/s Applesauce Cranberries (KD-Gr 12) Milk	15 French Toast Sticks Hot Potato Strawberry Cup Applesauce Cup (KD-Gr 12) Maple Syrup from <i>Jorns Sugar Bush</i> in Egg Harbor Milk	16 Shredded Pork on a Bun Corn Chips Pickle Slices Coleslaw (MS-HS) Raw Cabbage (Elem) Cut Mixed Fresh Fruit Milk
19 Pizza Slice Crackers (KD-Gr 12) Raw Veggies Peaches Milk	20 Tacos Taco Meat (pork) and Soft Shells Shred Cheese Black Olives, Sour Cream, Salsa Fruit Salsa & Scooby Snacks MS/HS: Jalapenos, Avocado Milk	21 Mini Corn Dogs (turkey) Mac & Cheese Baked Beans Pears Milk	22 Teriyaki Chicken Rice and Chow Mein Noodles Steamed Broccoli Canned Pineapple Fortune Cookie Milk	23 Sub Sandwich Deli Turkey & American Cheese Raw Veggies Chips Juice Honeycrisp Apple from Keller's Farm Market (KD-Gr 12) Milk
26 Cheesy Bread or Pizza Dippers (depending on availability) Marinara Sauce Steamed Peas Pears Milk	27 Pasta Meat Sauce Marinara (beef) Pesto and Cheese Green Salad Bread Honeycrisp Apple from Keller's Farm Market Milk	28 Popcorn Chicken Steamed Corn Mashed Potatoes Gravy Dinner Roll/s Blueberries Milk	29 Biscuit/s Egg Patty or Omelet and Sausage (chicken) Patty or Link Cheese Slice or Stick (all depending on availability) Strawberries Applesauce (KD-Gr 12) Honey and Butter Veggie Juice Milk	30 Steakburger with Colby Cheese on a Bun Pickle Slices Hot Potato Peaches Milk

Welcome back!

In addition to the daily lunch menu, salads can be ordered. Varieties include chef, veggie, plants only and chicken oriental.

Questions, comments, or suggestions contact: Jenny Spude, RD, CD, Sturgeon Bay School District Food Service Director 920.746.3877 or jspude@sturbay.k12.wi.us
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