







# FEBRUARY | 2023

## Sturgeon Bay School District Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> Cheesy Bread Marinara Sauce Steamed Peas Mixed Berry Cup Milk	<b>31</b> Cheese Quesadilla Refried Beans Black Olives and Sour Cream Mandarin Oranges Milk	<b>1</b> Chicken Alfredo Noodles Broccoli Mozzarella Cheese Slushy Cup Canned Peaches Milk	<b>2</b> Salisbury Steak in Beef Gravy Mashed Potatoes Steamed Carrots Dinner Roll and Butter Applesauce Cookie Milk	<b>3</b> Corn Dog on a Stick Raw Veggies and Ranch Apple with Carmel Dip Milk
<b>6</b> Pizza Dippers Marinara Sauce Steamed Peas Canned Peaches Milk	<b>7</b> Nachos: Corn Tortilla Chips Pork Taco Meat and Shred Cheese Salsa and Refried Beans Lettuce and Black Olives MS-HS: Sour Cream, Jalapenos, Avocado Canned Pears Milk	<b>8</b> French Toast Sticks Triangle Potatoes Raw Broccoli Florets Pure Maple Syrup from <i>Jorns Sugar Bush</i> in Egg Harbor Mixed Berry Cup Milk	<b>9</b> Chicken Patty on a Bun Potato Wedges Blueberries Fresh Fruit Choice Milk	<b>10</b> <u>Super Bowl Snack Box:</u> Beef Sticks from <i>Marchant's of Brussels</i> Dried Cherries from Country Ovens of Forestville Crackers and Cheese Slices Carrots, Celery and Ranch Milk 
<b>13</b> Personal Pan Pizza Goldfish Crackers Watercress and Spinach Leaves Matchstick Carrots Canned Pears Milk	<b>14</b> <u>Heart Smart Snack Lunch:</u> Turkey and Cheese Slices Crackers and Pretzels Raw Veggies Valentine Strawberry Cup Milk 	<b>15</b> Teriyaki Chicken & Rice Steamed Broccoli Chow Mein Noodles Fortune Cookie Pineapple Milk	<b>16</b> Spaghetti Noodles Marinara Meat Sauce Steamed Green Beans Pesto and Mozzarella Cheese Fresh Cut Fruit Milk	<b>17</b> <b>NO SCHOOL FOR SBSB STUDENTS</b> Teacher Inservice Day ----- St John Bosco: Breakfast for Lunch: Parfait Bar, Cinnamon Roll, Sausage Links, Fruit, Veg, Milk
<b>20</b> <u>President's Day</u> Classic Cheeseburger Lettuce, tomato, pickles French Fries and Apple Pie Canned Peaches and Milk 	<b>21</b> <u>Mardi Gras!</u> King Cake from <i>Scaturo's Bakery</i> Cajun Red Beans (not spicy) with ham and sausage from <i>Marchant's of Brussels</i> Steamed Corn Rice and Shred Cheese Tropical Fruit Salad and Milk	<b>22</b> Pancakes Egg Patty or Omelet Pure Maple Syrup from <i>Jorns Sugar Bush</i> in Egg Harbor Strawberry and Applesauce Cups Sweet Bell Peppers Milk	<b>23</b> <u>Wisconsin Chili Day</u>  Chili Corn Bread, Fritos, and Sour Cream Saltines or Oyster Crackers Raw Carrots and Canned Pears Milk	<b>24</b> Wild Mike's Pizza Slice Crackers Watercress and Spinach Leaves Matchstick Carrots Mixed Berry Cup Milk
<b>27</b> Sub Sandwich Bag of Chips Raw Veggies and Ranch Apple Milk	<b>28</b> Nachos: Corn Tortilla Chips Pork Taco Meat and Shred Cheese Salsa and Refried Beans Lettuce and Black Olives MS-HS: Sour Cream, Jalapenos, Avocado Canned Pears Milk	<b>1</b> Diced Chicken in Gravy Steamed Carrots and Peas Mashed Potatoes Dinner Roll and Butter Applesauce Cup/s Milk	<b>2</b> Steakburger on a Bun Mild Cheddar Cheese Hot Potato Raw Carrots Fresh Pineapple Milk	<b>3</b> Mac & Cheese Steamed Broccoli Blueberries Milk



February 23 we are joining other schools in the state in featuring as many local ingredients as we can, as of now that includes: Waseda Organic Ground Beef and Mrs. Spude's homegrown garlic.

Questions, comments or suggestions contact: Jenny Spude, RD, CD, Sturgeon Bay School District Food Service Director 920.746.3877 or [jspude@sturbay.k12.wi.us](mailto:jspude@sturbay.k12.wi.us)  
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