

# NOVEMBER | 2023



## St. John Bosco School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> French Bread Pizza Steamed Carrots Orange Juice Dried Cranberries Milk	<b>31</b> Tacos with Soft Shells Pork Taco Meat and Cheddar Cheese Lettuce, Salsa, Black Olives Gr 3+: Sour Cream and Avocado MS/HS: Jalapenos and Pico Diced Mango and Pineapple Milk	<b>1</b> Blueberry Coffee Cake Smoked Salmon from Bailey's Harbor Fish Company Slice of Cheddar Cheese from Renard's Cheese Blueberries and Strawberries Sliced Sweet Bell Peppers Veggie Juice and Milk	<b>2</b> Orange Chicken and Rice Chow Mein Noodles Fortune Cookie Steamed Broccoli Canned Pineapple Milk	<b>3</b> Hot Dog on a Bun Beef Hebrew National for Elem Marchant's Beef/Pork for MS-HS Steamed Peas Bag of Chips Apple from Keller's Farm Market Milk
<b>6</b> Personal Sausage Pizza (sausage is beef and pork) Spinach Salad with Shredded Carrot Grapes Milk	<b>7</b> Cheese Quesadilla Refried Beans Salsa, Black Olives, Sour Cream Canned Peaches Milk	<b>8</b> French Toast Sticks Wisconsin Beef Jerky Renard's Cheese Whips Veggie Juice Cucumber Slices Strawberry Slices Milk	<b>9</b> Chicken in Gravy Mashed Potatoes Steamed Peas MS-HS: Stuffing Dinner Roll Cranberries and Applesauce <u>Sample Day!</u> Wis. Grown Wild Rice Milk	<b>10</b> Pizza Munchable: Marinara Sauce, Mozz. Cheese Pepperoni Slices, Black Olives Naan Bread Apple from Keller's Farm Market Crunchy Snack Milk
<b>13</b> Pizza Dippers Marinara Sauce Steamed Corn Canned Peaches Milk	<b>14</b> Nachos Tortilla Chips, Cheddar Cheese Beef Taco Meat, Refried Beans Black Olives, Salsa Gr 3+: Cheese Sauce, Avocado, Sour Cream MS/HS: Jalapenos and Pico Pears and Milk	<b>15</b> Egg and Sausage Biscuit Honey, Homemade Strawberry Jam and Butter Blueberries and Applesauce Sweet Bell Pepper Slices Milk	<b>16</b> Mini Corn Dogs Macaroni and Cheese Steamed Broccoli Apple Slices Milk	<b>17</b> Hamburger - Elem Cheeseburger - MS/HS Sweet Potato Puffs Raw Carrots and Ranch Banana Milk
<b>20</b> Wild Mike's Cheese Pizza Slice Goldfish Crackers Steamed Peas Dried Door County Cherries Canned Peaches Milk	<b>21</b> Tacos with Soft Shells Pork Taco Meat and Cheddar Cheese Lettuce, Salsa, Black Olives Gr 3+: Sour Cream and Avocado MS/HS: Jalapenos and Pico Diced Mango and Pineapple Milk	<b>22</b> No School Thanksgiving Holiday	<b>23</b> No School Thanksgiving Holiday	<b>24</b> No School Thanksgiving Holiday
<b>27</b> Personal Pan Cheese Pizza Snack Cracker Steamed Green Beans Strawberry Cup Clementine Orange Milk	<b>28</b> Tachos Tater Tots, Beef Taco Meat Cheddar Cheese and Cheese Sauce Mini Corn Bread Loaf and Fritos Black Olives, Salsa, Shred Lettuce 3+: Sour Cream and Avocado MS/HS: Jalapenos and Pico Pears and Milk	<b>29</b> Spaghetti with Meat Sauce Pesto and Bread Parm and Mozz Cheese Spinach Salad with Shredded Carrot Grapes Milk	<b>30</b> Chicken Nuggets Slider Buns Slice of Renard's Cheese Pickles and Condiments Baked Beans Apple Slices Milk	<b>1</b> Chili made with Waseda Beef Shredded Cheese and Sour Cream Noodles Mini Corn Bread Loaf Steamed Corn Raw Carrots and Ranch Mandarin Oranges Milk

### News

Let the SJB school office know if you are available to help in the lunchroom or for outside recess duty.

Questions, comments or suggestions contact: Jenny Spude, RD, CD, Sturgeon Bay School District Food Service Director 920.746.3877 or [jspude@sturbay.k12.wi.us](mailto:jspude@sturbay.k12.wi.us)  
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