

APRIL | 2024



Sturgeon Bay School District Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 No School at St. John Bosco</p>	<p>2 Frudel, Apple Slices and Milk</p> <p>SB MS/HS Additional Choices: Breakfast Pizza or Parfait At Sunrise: Hot Oatmeal with Toppings</p>	<p>3 Banana Muffin, Door County Dried Cherries, Apple Juice and Milk</p> <p>SB MS/HS Additional Choices: Breakfast Sandwich or Smoothie At Sunrise: Granola Bar Choices</p>	<p>4 Cheerios Cereal, Banana, Banana Dipper Cup and Milk</p> <p>SB MS/HS Additional Choices: Egg, Cheese and Potato Flatbread or Parfait At Sunrise: Parfait</p>	<p>5 Yogurt, Strawberries, Graham Crackers, Granola and Milk</p> <p>SB MS/HS Additional Choices: Biscuits and Sausage Gravy or Smoothie At Sunrise: Smoothie</p>
<p>8 Smoothie, Cheez-It Cracker and Milk</p> <p>SB MS/HS Additional Choices: Pancake Wrap or Smoothie At Sunrise: Cold Cereal Choices</p>	<p>9 Strawberry Bagel Stick, Renard's Cheese Whips, Dried Cranberries and Milk</p> <p>SB MS/HS Additional Choices: Egg in a Hole or Parfait Sunrise: Overnight Protein Packed Oats with Strawberries and Mango</p>	<p>10 Cinnamon Muffin, Kiwi, Baby Carrots and Milk</p> <p>SB MS/HS Additional Choices: Overnight Protein Packed Oats with Strawberries and Mango or Smoothie At Sunrise: Granola Bar Choices</p>	<p>11 Frosted Mini Wheats Cereal, Banana, Sunflower Seeds and Milk</p> <p>SB MS/HS Additional Choices: Breakfast Burrito or Parfait At Sunrise: Parfait</p>	<p>12 Bagel, Cream Cheese or Butter, Bailey's Harbor Fish Company Smoked Salmon, Fruit Punch Juice and Milk</p> <p>SB MS/HS Additional Choices: Hard Boiled Egg and Chocolate Croissant At Sunrise: Smoothie</p>
<p>15 Pretzels, Apple, Renard's Mozzarella Cheese Whips and Milk</p> <p>SB MS/HS Additional Choices: Pancake Wrap or Smoothie At Sunrise: Cold Cereal Choices</p>	<p>16 Mini Cinni, Apple Slices and Milk</p> <p>SB MS/HS Additional Choices: Breakfast Pizza or Parfait At Sunrise: Donut Holes</p>	<p>17 Chocolate Muffin, Orange/Orange Slices and Milk</p> <p>SB MS/HS Additional Choices: Breakfast Sandwich or Smoothie At Sunrise: Granola Bar Choices</p>	<p>18 Chex Cereal, Banana, Banana Dipper Cup and Milk</p> <p>SB MS/HS Additional Choices: Egg, Cheese and Potato Flatbread or Parfait At Sunrise: Parfait</p>	<p>19 Ultimate Breakfast Round (UBR), Renard's Cheese Curds, Dried Apples and Milk</p> <p>SB MS/HS Additional Choices: French Toast Sticks or Smoothie At Sunrise: Smoothie</p>
<p>22 Granola Bar, Raisins, Renard's Cheese Whips and Milk</p> <p>SB MS/HS Additional Choices: Pancake Wrap or Smoothie At Sunrise: Cold Cereal Choices</p>	<p>23 Frudel, Apple Slices and Milk</p> <p>SB MS/HS Additional Choices: Breakfast Pizza or Parfait At Sunrise: Carmel Apple Nachos</p>	<p>24 Banana Muffin, Door County Dried Cherries, Apple Juice and Milk</p> <p>SB MS/HS Additional Choices: Breakfast Sandwich or Smoothie At Sunrise: Granola Bar Choices</p>	<p>25 Cheerios Cereal, Banana, Banana Dipper Cup and Milk</p> <p>SB MS/HS Additional Choices: Breakfast Burrito or Parfait At Sunrise: Parfait</p>	<p>26 Banana Bread Mini Loaves, String Cheese, Fruit Juice and Milk</p> <p>Middle & High School Additional Choices: Hard Boiled Egg and Chocolate Croissant or Smoothie Sunrise: Smoothie</p>
<p>29 Smoothie, Cheez-It Cracker and Milk</p> <p>SB MS/HS Additional Choices: Pancake Wrap or Smoothie At Sunrise: Cold Cereal Choices</p>	<p>30 Warmed Pastry or Pancake, Apple Slices and Milk</p> <p>SB MS/HS Additional Choices: Breakfast Pizza or Parfait At Sunrise: Donut Holes</p>	<p>1 Cinnamon Muffin, Kiwi, Baby Carrots and Milk</p> <p>SB MS/HS Additional Choices: Breakfast Sandwich or Smoothie At Sunrise: Granola Bar Choices</p>	<p>2 Cold Cereal, Banana, Sunflower Seeds and Milk</p> <p>SB MS/HS Additional Choices: Egg, Cheese and Potato Flatbread or Parfait At Sunrise: Parfait</p>	<p>5 Bagel, Cream Cheese or Butter, Bailey's Harbor Fish Company Smoked Salmon, Grape Juice and Milk</p> <p>SB MS/HS Additional Choices: Acai Smoothie Bowl with Toppings or Parfait At Sunrise: Smoothie</p>

Questions, comments or suggestions contact: Jenny Spude, RD, CD, Sturgeon Bay School District Food Service Director 920.746.3877 or jspude@sturbay.k12.wi.us
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