

# MAY | 2024



## Sturgeon Bay School District Breakfast Menu

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>29</b> Smoothie, Cheez-It Cracker and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Pancake Wrap or Smoothie At Sunrise: Cold Cereal Choices</p>	<p><b>30</b> Warmed Pastry or Pancake, Apple Slices and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Breakfast Pizza or Parfait At Sunrise: Donut Holes</p>	<p><b>1</b> Cinnamon Muffin, Kiwi, Baby Carrots and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Breakfast Sandwich or Smoothie At Sunrise: Granola Bar Choices</p>	<p><b>2</b> Cold Cereal, Banana, Sunflower Seeds and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Egg, Cheese and Potato Flatbread or Parfait At Sunrise: Parfait</p>	<p><b>3</b> Bagel, Cream Cheese or Butter, Bailey's Harbor Fish Company Smoked Salmon, Grape Juice and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Acai Smoothie Bowl &amp; Pastry or Parfait At Sunrise: Smoothie</p>
<p><b>6</b> Chex Mix, Apple, and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Pancake Wrap or Smoothie At Sunrise: Cold Cereal Choices</p>	<p><b>7</b> Warmed Mini Cinni, Orange or Orange Slices, Cheese Cubes, and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Breakfast Pizza or Parfait At Sunrise: Overnight Protein Packed Oats with Strawberries and Mango</p>	<p><b>8</b> Chocolate Muffin, Dried Cherries, Raw Carrots and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Breakfast Quesadilla or Smoothie At Sunrise: Granola Bar Choices</p>	<p><b>9</b> Chex Cereal, Banana, Banana Dipper Cup and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Chili Cheese Burrito or Parfait At Sunrise: Parfait</p>	<p><b>10</b> Dipping Cracker, Applesauce, Yogurt, Berries and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Spinach Bacon Quiche or Smoothie At Sunrise: Smoothie</p>
<p><b>13</b> Smoothie, Cheez-It Cracker and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Pancake Wrap or Carmel Apple Nachos At Sunrise: Cold Cereal Choices</p>	<p><b>14</b> Warmed Pancake or Waffle, Applesauce Cup/s and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Breakfast Pizza or Parfait At Sunrise: Donut Holes</p>	<p><b>15</b> Banana Muffin, Kiwi, Baby Carrots and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Breakfast Sandwich or Smoothie At Sunrise: Carmel Apple Nachos</p>	<p><b>16</b> Frosted Mini Wheats Cereal, Banana, Sunflower Seeds and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Egg, Cheese and Potato Flatbread or Parfait At Sunrise: Parfait</p>	<p><b>1</b> Bagel, Cream Cheese or Butter, Bailey's Harbor Fish Company Smoked Salmon, Grape Juice and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Donut or Donut Holes or Smoothie At Sunrise: Smoothie</p>
<p><b>20</b> Pretzels, Cheese, Apple, and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Pancake Wrap or Smoothie At Sunrise: Cold Cereal Choices</p>	<p><b>21</b> Warmed Mini Cinni, Grapefruit Slices/Sections, Cheese Cubes, and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Breakfast Pizza or Parfait At Sunrise: Overnight Protein Packed Oats with Strawberries and Mango</p>	<p><b>22</b> Muffin, Apple Slices, Baby Carrots, and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Breakfast Quesadilla or Smoothie At Sunrise: Granola Bar Choices</p>	<p><b>23</b> Cheerios Cereal, Banana, Banana Dipper Cup and Milk</p> <hr/> <p>SB MS/HS Additional Choices: Breakfast Burrito or Parfait At Sunrise: Parfait</p>	<p><b>24</b> Early dismissal/ Last day of the school year  No school meals</p>
<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>	<p><b>31</b></p>

Questions, comments or suggestions contact: Jenny Spude, RD, CD, Sturgeon Bay School District Food Service Director 920.746.3877 or [jspude@sturbay.k12.wi.us](mailto:jspude@sturbay.k12.wi.us)  
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